

# message •

## deep • wide • multiplied

PSALM 1 | SEPTEMBER 12/13, 2015 | PASTOR MATT ERICKSON

*“That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither – whatever they do prospers.” (Psalm 1:3)*

### The Good and Happy Life

### Deep: Growing in Christ

### Wide: Reaching People

### Multiplied: Reproducing Disciples

# • study guide

1. What are you looking forward to most in your life as you move from Summer into Fall?
2. This weekend we are focusing our attention on starting well with God as we kick-off our ministry year together at Eastbrook. We are anchoring ourselves in Psalm 1. Before starting this study, ask God to clearly speak to you in meaningful ways. Then, whether you are alone or with others, read Psalm 1 aloud.
3. Psalm 1 describes the life that is “blessed.” From what you read here, or what you know about other parts of the Bible, what other words might you use to describe what it means to be blessed?
4. Identify at least five specific ways – maybe more! – in which you have experienced the blessing of God in your life these days.
5. Pastor Matt focused us in on three main words this weekend: deep – wide – multiplied. Let’s focus on the first of those words: deep. From Psalm 1:1-2, what would you say are some key aspects of going deep with God?
6. How are you growing deep now? What is one way that you want to grow deeper with God individually or with other during these next twelve months?
7. The second word, “wide,” conveys the sense of God’s blessing moving out from our lives into the lives of others. Read Abraham’s call from God in Genesis 12:1-3. What does this passage remind us about the intention of God’s goodness and joy in our lives?
8. One area of focus for us this year is actively sharing our faith with others. Who is one person with whom or what is one sphere of your life where you sense God calling you to boldly enter conversations with others who are far from God?
9. The seeds of the fruit remind us that the good and happy life God gives to us should be multiplied into the lives of others. What do you think it looks like for you to help develop others around you into fruitful, life-giving trees of God?
10. What is one way God is speaking to you about your life with Him in the coming year? If you are with a small group, discuss that with one another and pray about these things together. If you are studying on your own, write it down, pray about it, and share this with someone during the next few days.

*[Next week: We begin a new series called “God at Work,” which delves into something we all spend a lot of time doing: working. Ask God to speak to us as a church about how our faith and work intersect.]*