

UPCOMING YOPROS:

Thursday, October 6 @ 6 pm—**An Evening for Young Adults with Evelyne Reisacher and Farida Saidi** at Holy Grounds

Sunday, October 16 @ 6 pm—**The Other Side** with Nic Fridenmaker

Sunday, November 20 @ 6pm—**Friendsgiving** at Holy Grounds

Sunday, December 18 @ 6 pm—TBD

Sunday, January 22 @ 6 pm—**Spiral Dynamics** with Brandon Brown

WHO WE ARE

A community of young professionals that gather monthly for worship, discipleship & fellowship, with small group communities around the Milwaukee area for deeper learning & community.

STAY CONNECTED

We post info on Facebook and post info on the YoPro website.
Connect here:

facebook.com/groups/eastbrookyoungprofessionals
eastbrook.org/yopro

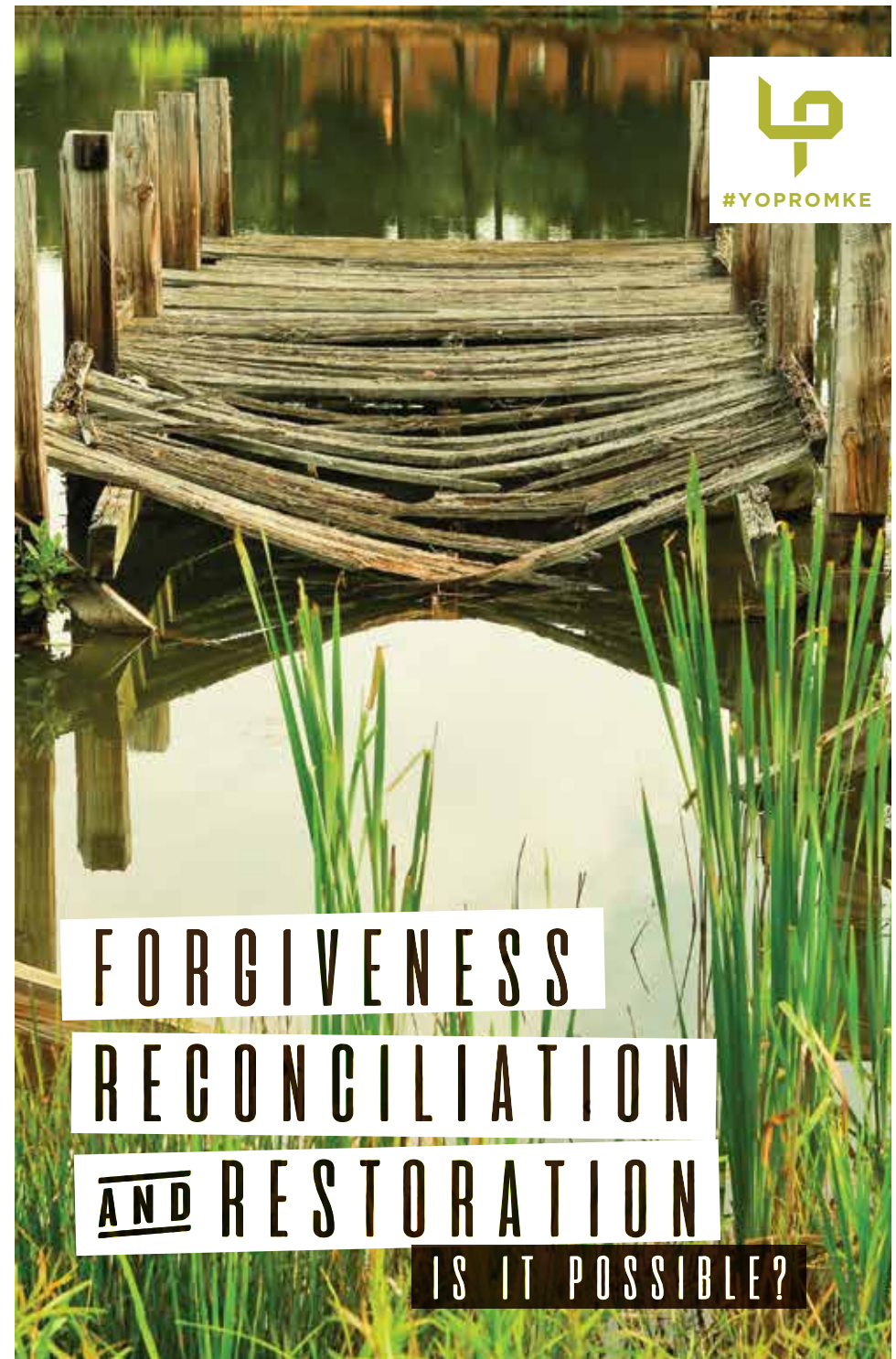
GET INVOLVED

We want this group to be more like a potluck than a drive-thru. What this means is that we hope to approach the group like servants ready to use our gifts, rather than consumers looking to be fed exactly as our preferences dictate. There are many ways that you can serve the community:

Worship, Hospitality/Welcoming, Prayer, Social Events, Lead or Join a Small Group, or Something Else?

Contact

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#YOPROMKE

FORGIVENESS

RECONCILIATION

AND RESTORATION

IS IT POSSIBLE?

SUNDAY, SEPTEMBER 18 | 6 PM | 309 N. WATER ST.

A LIFE OF RECONCILIATION

Jenny Heckman, MS LPC, N.C.C. | 9/18/16

I. Our Culture Is Not Conducive to Reconciliation

A. Virtual Relationships

1. Deficits in empathy
2. Disposability of relationships

B. Unfiltered Free Speech

1. Sound bites replace dialogue
2. “How I feel is how I say it”

C. Nurturing of Resentment and Narratives

1. The ease of seeing the other as the enemy
2. The addictive quality of resentment
3. The role of narcissism

D. Ego-Centric Understanding of Forgiveness and Reconciliation

1. Forgiveness as personal power only
2. Reconciliation completely optional

II. Defining Terms

A. Forgiveness

Enright’s model of forgiveness: *Uncovering, Deciding, Working, Deepening.*

B. Reconciliation

1. Getting to the table
2. Reaching a place of understanding
3. Renegotiating the relationship

C. Restoration

1. Living in the renegotiated relationship
2. The past has “bookends” around it

III. Living a Life of Reconciliation: Questions to Ponder

A. What gets in my way of forgiveness and reconciliation?

What am I afraid of, concerned by, confused about?

B. How has my upbringing, culture, experiences shaped my understanding of forgiveness and reconciliation?

C. What is one step I can take toward living a life of reconciliation?