



# Fall

## FAMILY EVENTS



**A DAY AT THE ORCHARD**

**SUGGESTED AGE RANGE:  
4-7 YEARS OLD**



eastbrook  
**KIDS**

# A DAY AT THE ORCHARD

**SUGGESTED AGE RANGE: 4–7 YEARS OLD**

Invite your small group to an apple orchard for an afternoon of apple-picking! You can find information about the orchards near you from the Wisconsin Department of Tourism site: [travelwisconsin.com/things-to-do/local-foods/farm-markets-pick-your-own](http://travelwisconsin.com/things-to-do/local-foods/farm-markets-pick-your-own)

Afterward, return to your host home and cap off your day with this Bible lesson and related activities!

**BIBLE THEME:** *God provides good food for His people.*

**SCRIPTURE:** Exodus 16:1-17

Invite kids to join you in acting out this scene of God providing manna in the wilderness. Alternatively, read the story from a children's story bible.

Have families sit together, maybe on blankets on the floor, so that they can easily stand and act out parts of the story.

Say:

*God's people were moving to a new home far away. This meant that ALL of God's people—grandmas and grandpas, moms and dads, babies, teenagers, and kids like you—were walking through the desert every single day. Let's pretend to walk, like they did.*

Have everyone stand and walk in place. As they do so, ask questions like, "Here we are, walking in the desert—what do you see around you? What animals are poking up out of the sand? What does the air feel like? How about the hot sun?"

After a few minutes, have everyone sit down again.

Say:

*Everyday, all day, God's people hiked! They became hot and tired, and HUNGRY! They complained to their leader, Moses. They said, 'Even when we were slaves in Egypt, we had plenty to eat! Now, we have nothing, and we are HUNGRY!'*

*Moses didn't know what to do, but God did! God told Moses His special plan to feed His people. Then, Moses told the people this special plan. "Listen, everyone," Moses said, "God has heard your cry. He has a plan to feed us! In the evening, God will bring us meat to eat, and in the morning, He will bring us bread! And we'll know that it is God who is giving us this food—no one else!*

*That same evening, quail—small birds like chickens—covered the ground! People took the quail and cooked it to feed their families!*

Lead everyone in pretending to eat a drumstick and rub their tummies.

Say:

*The people were soooo full! God did just what He said He would do! He gave them meat for their dinner! And, the next morning, when they peeked out of their tent, they saw a wet dew covering the ground. As the sun grew brighter, the ground dried, and little pieces of bread were left on the ground—just like God promised!*

*-Lead everyone in standing up and pretending to gather "bread" from the ground around them. Say: The people gathered this special bread, and called it "manna," which in their language meant "What is it?" because they had never seen anything like it! Some people gathered a little manna, others gathered A LOT of manna, and everyone had just the right amount!*

God loves His people, and promises to provide everything we need. We don't eat quail and manna like people in Bible times, but God still gives us so much good food to eat, like the apples we just picked! Because God loves us, He cares for all of our needs!

### Discuss:

- What problem did God's people have?
- What did God do to help them?
- What does this story tell us about God? How does it help us to trust Him for the things we need?

**Bible Memory:** "And my God will meet all your needs according to the riches of his glory in Christ Jesus." Philipians 4:19 (Younger kids can memorize the first phrase alone, "And my God will meet all your needs . . .")

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## PRAYER PROMPT: Thank you God for my food!

Give everyone a paper plate and crayons. Have them draw a picture of their favorite food on the plate. (Several family members could use the same plate.) As everyone draws, ask questions like, "How does God provide food for us today? Who are the people who help to feed you? Who are the people that still need food today? How can God use us to help feed others?"

Spread a tablecloth on an empty table or on the ground. Have each person say their prayer of thanks to God as they place their paper-plate drawing on the tablecloth.

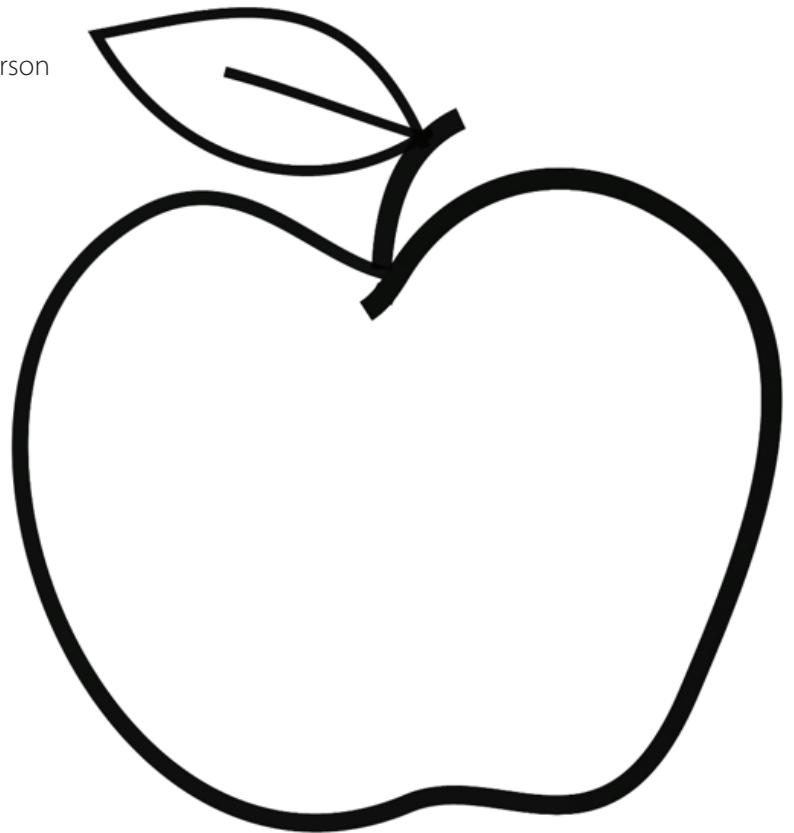
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## CRAFT: Yarn-wrapped Apples

### Supplies:

- Apple template traced onto cardboard, 1 per person
- Red, yellow, or green yarn (Cut into 24" lengths)
- Twigs
- Green felt, foam, or paper scraps
- Scissors
- Glue

1. Cut out the cardboard template (at right), cutting away the leaf and twig to make the yarn wrapping easier.

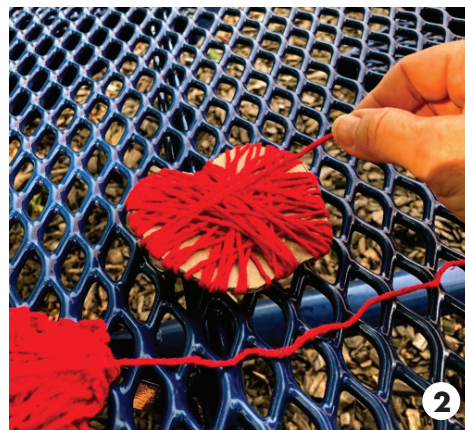


2. Wrap the yarn around the cardboard apple, using up all the yarn, and covering up as much of the cardboard as possible. It might help young children to tape one end of the yarn to the cardboard.
3. Tuck in the end of the yarn. Glue a piece of twig to the top for an apple stem. Cut out a leaf from the green felt, foam or paper, and glue at the top.

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## GAME: Apple "Bobbing"

Place 10-12 apples in a large pan of water. Have kids use kitchen tongs to grab apples from the pan and place on a platter. Challenge them to get as many as they can in 30 seconds. For older kids or adults, increase the challenge by having them use a blindfold. Team option: Use two pans of water and apples, and two tongs. Let two players face off against one another to see who can move the most apples in the given time limit.



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## COOKING WITH KIDS: Apple Crisp

### Ingredients:

- 4 baking apples (Granny Smith, Macintosh)
- ½ c. oats
- ½ c. flour
- 2/3 c. brown sugar
- 1 tsp. Cinnamon
- ½ tsp. Nutmeg
- 1/3 c. butter

Peel and thinly slice apples. Spray an 8" square pan with baking spray, and line with apple slices.

*What kids can do: Measure and pour the oats, flour, brown sugar, cinnamon and nutmeg into a bowl and mix together. (Or, pour ingredients into a ziplock bag, and let kids shake to mix the ingredients! If you do this, pour the mixture back 1. into a bowl before adding butter.)*

Cut butter into ½" chunks and add to the oat mixture. Use a pastry cutter or two butter knives to mix the butter into the oat mixture.

*What kids can do: Sprinkle spoonfuls of the mixture over the apple slices.*

Bake at 350 degrees for 30 minutes, or until bubbly with a golden crust!

Enjoy with whipped cream or ice cream.



Find more Fall Family Resources online at [eastbrook.org/kidsresources](http://eastbrook.org/kidsresources)