

ASCEND: A JOURNEY WITH THE PSALMS OF ASCENT | GABRIEL DOUGLAS | PSALM 133 | DEC. 9/10, 2017

Pleasure of Unity (vs 1)

- Unity is not just good, but also is pleasant
- Pleasure of unity counters our tendency to run from it, thinking that unity is elsewhere

Where Unity Comes From (vss 2-3)

- Oil signifying appearance of Holy Spirit
- Unity is like the descending dew of Mount Hermon
- Theme of descending, oil descending from Aaron's beard, descending dew from the mountains

Blessing of Unity (vs 3)

- True Unity is in Christ
- Ephesians 2:11-12: We have been reconciled with Christ
- John 17: Jesus is one with the Father
- Philippians 2:1-4: We can follow Christ's humble example in unity

STUDY GUIDE

- 1. The Psalmist in verse 2 came up with metaphor's describing what unity is like. Can you come up with your own metaphor to describe unity?
- 2. When thinking of Unity what are your thoughts? Do you feel like unity is something you can achieve? Or is an impossible goal?
- 3. In verse one the psalmist talks about the goodness and the pleasant atmosphere when God's people dwell in unity. What would you say is the difference between "how good it is" and "how pleasant it is"?
- 4. How do you think the Church is doing with Unity? If you think the church is unified what are ways you have seen the church do so? If you answered no, what are ways that the church can move towards unity?
- 5. We have looked at a good number of the Psalm of Ascents these past couple of weeks. Out of the ones we have looked at what has been the most impactful for you?

DAILY READINGS

Throughout this series we will have a daily reading plan that allows us to reflect more deeply on the themes of each psalm we study. Join with the broader Eastbrook community each week via the print schedule below, our app or social media.

Monday, December 11: Psalm 133

Tuesday, December 12: John 17:20-26

Wednesday, December 13: Colossians 3:12-17

Thursday, December 14: 1 Corinthians 12:12-26

Friday, December 15: Ephesians 4:1-16