



The Spiritual Life Story of

# Eastbrook Church

August 2023





## Chapter 1: Background & Demographics

Goal: For you to get a picture of who responded to the Spiritual Life Inventory.

# Eastbrook Church

## Demographics

Demographics	
Base Size	564
Age 19-29	8%
Age 30-49	28% y
Age 50+	63% g
Diversity: Non White, including Hispanics	22% g
Children under 18 at home	24% r
Married	68% r
Income under \$30K	9%
Income \$30K-\$74,999	31% y
Income \$75K or more	60% g

r	Way Below Average
y	Below Average
	Average
g	Above Average



# Eastbrook Church

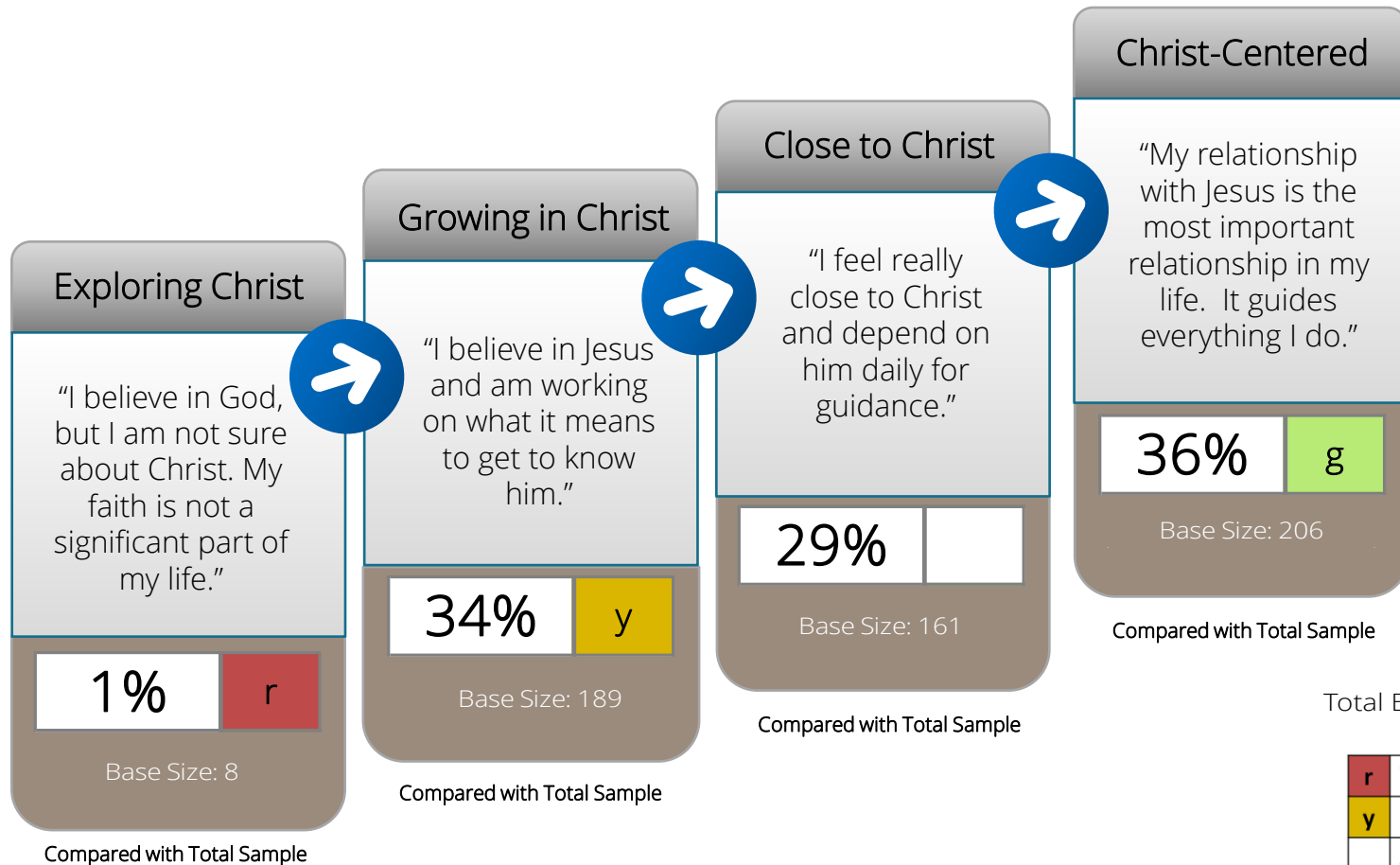
## Tenure

Church Tenure	
Base Size	565
Less than one year	7%
One to five years	26%
Six to ten years	14% y
More than ten years	53% g

r	Way Below Average
y	Below Average
	Average
g	Above Average



# Spiritual Continuum Profile



r	Way Below Average
y	Below Average
	Average
g	Above Average



## Chapter 2: Areas of Strength

# Eastbrook Church's Spiritual Beliefs & Attitudes

Key Spiritual Beliefs (% that very strongly agree)	Total	Exploring Christ	Growing in Christ	Close to Christ	Christ- Centered
Base Size	565	8 <sup>#</sup>	189	161	207
Salvation by Grace	80% g	13% <sup>#</sup>	70% g	82%	89%
Trinity	90%	25% <sup>#</sup>	85%	91%	97%
Authority of the Bible	62%	0% <sup>#</sup>	44%	63%	79%
Personal God	74% g	38% <sup>#</sup>	51%	80%	91%
Identity in Christ	71% g	38% <sup>#</sup>	50% g	72% g	91% g
Church	20% y	13% <sup>#</sup>	17% y	21% y	22% r
Humanity	87% g	50% <sup>#</sup>	80% g	89% g	92%
Compassion	59% g	13% <sup>#</sup>	44% g	57% g	76% g
Eternity	52%	13% <sup>#</sup>	41%	48% y	67% y
Christ is First	66%	13% <sup>#</sup>	40% y	67%	92%
Biblical Community	20%	0% <sup>#</sup>	10%	18%	32%
Stewardship	49% g	13% <sup>#</sup>	37% g	47%	63%
Spiritual Gifts	21% g	0% <sup>#</sup>	11% g	23%	30%
Giving Away My Life	27%	0% <sup>#</sup>	9%	22%	47%
<sup>#</sup> Low sample size					

See "CLP Beliefs and Attitudes" slide in Appendix for details on each belief

r	Way Below Average
y	Below Average
	Average
g	Above Average

# Eastbrook Church's Personal Spiritual Practices

Personal Spiritual Practices	Total	Exploring Christ	Growing in Christ	Close to Christ	Christ-Centered
Base Size	564	8 <sup>#</sup>	189	160	207
Reflection on Scripture (daily)	41% g	0% <sup>#</sup>	15% g	41% g	66% g
Bible Reading (daily)	39% g	0% <sup>#</sup>	19% g	42% g	57% g
Prayer for Others * (daily)	60% g	13% <sup>#</sup>	37% g	61% g	82% g
Prayer to Give Thanks to God * (daily)	73%	13% <sup>#</sup>	50%	76%	92%
Prayer to Express Love of God * (daily)	52% g	13% <sup>#</sup>	23% g	55% g	78% g
Prayer to Confess Sins (daily)	39% g	13% <sup>#</sup>	21%	38%	57%
Prayer to Praise God's Greatness * (daily)	51%	13% <sup>#</sup>	24%	53%	76%
Prayer to Seek Guidance (daily)	57% g	0% <sup>#</sup>	33%	59%	79%
Solitude (several times per week or more)	66% g	0% <sup>#</sup>	42% g	76% g	84% g
Tithing (10% or more)	47%	13% <sup>#</sup>	38%	45%	58%
<sup>#</sup> Low sample size					

Note: (\*) No database comparison available at this time.

r	Way Below Average
y	Below Average
	Average
g	Above Average



# Eastbrook Church's Participation with Organized Church Activities

Participation	Total		Exploring Christ	Growing in Christ	Close to Christ	Christ-Centered
Base Size	565		8 <sup>#</sup>	189	161	207
Weekend Services <i>(3 to 4 times per month)</i>	84% <b>y</b>		25% <sup>#</sup>	77% <b>r</b>	86% <b>y</b>	89% <b>y</b>
Small Groups <i>(1 to 2 times a month or more)</i>	53%		13% <sup>#</sup>	48%	52%	60%
Serving at the Church <i>(1 to 2 times a month or more)</i>	54%		0% <sup>#</sup>	47%	55% <b>y</b>	63%
Serving Those in Need Through my Church <i>(1 to 2 times a month or more)</i>	34% <b>g</b>		0% <sup>#</sup>	25% <b>g</b>	33%	45% <b>g</b>
<sup>#</sup> Low sample size						

<b>r</b>	Way Below Average
<b>y</b>	Below Average
	Average
<b>g</b>	Above Average

# Participation in Key Spiritual Activities With Others

## Eastbrook Church

Spiritual Activities with Others	Total	Exploring Christ	Growing in Christ	Close to Christ	Christ-Centered
Base Size	565	8 <sup>#</sup>	189	161	207
Spiritual Friendships <i>(once or more per month)</i>	61% g	0% <sup>#</sup>	47%	65%	73% g
Evangelism <i>(6+ conversations per year)</i>	32% g	13% <sup>#</sup>	16%	35% g	44% g
Serving those in need on my own <i>(once or more per month)</i>	51% g	13% <sup>#</sup>	41% g	53% g	60% g
Spiritual Mentors <i>(once or more per month)</i>	30%	13% <sup>#</sup>	23%	34%	33% y
Help Others Grow * <i>(once or more per month)</i>	34%	0%	21%	34%	47%
# Low sample size					

Note: (\*) No database comparison available at this time.

r	Way Below Average
y	Below Average
	Average
g	Above Average

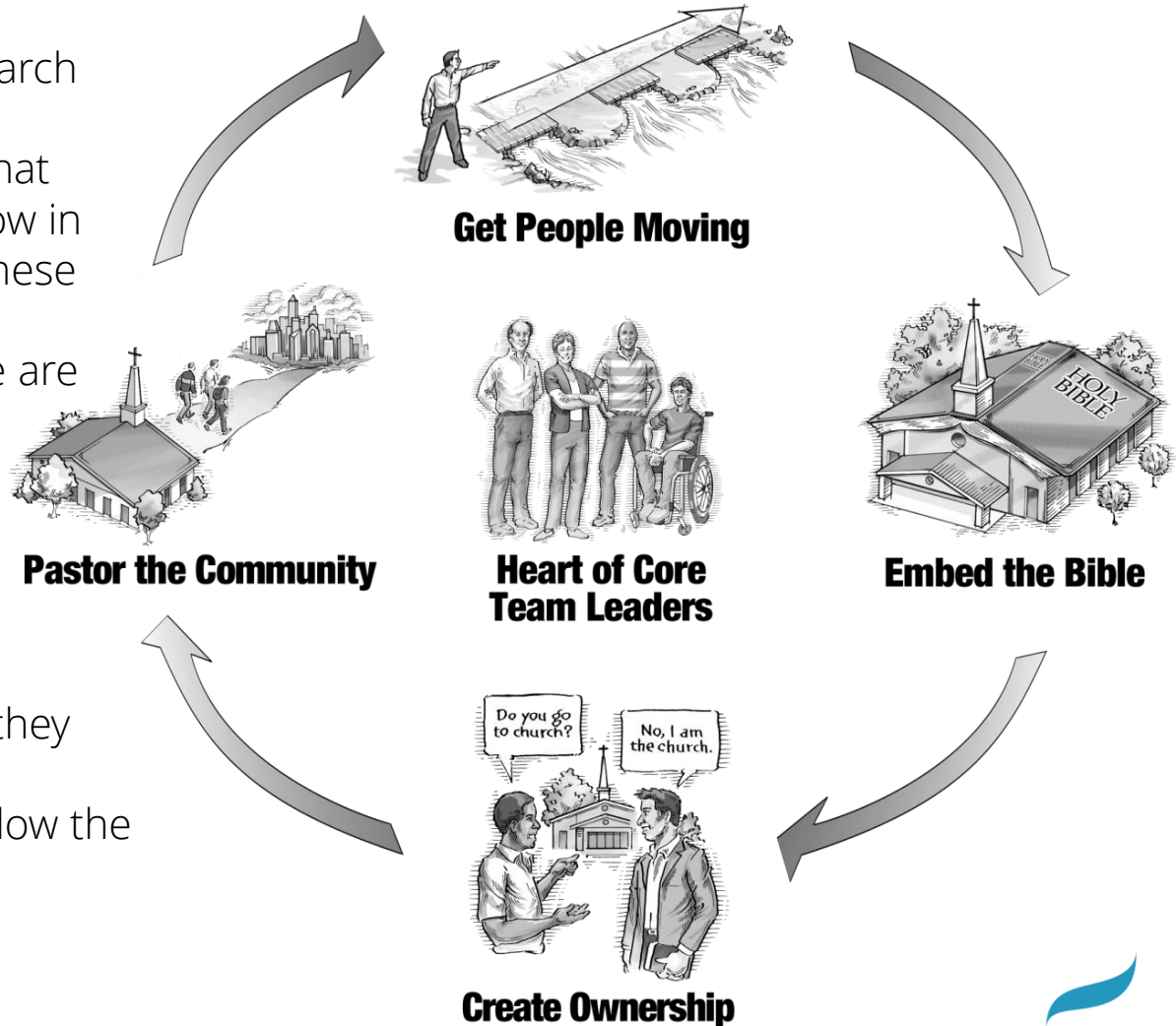


## Chapter 3: Opportunities for Growth

# Spiritual Life Inventory

## Five Best Practice Principles

The Spiritual Life Inventory research has enabled us to identify “Best Practice” churches – churches that excel at helping their people grow in their love of God and others. These churches at the top 5% of the Spiritual Life Inventory database are incredibly different. From the small to the large; from the rural countryside to the inner-city; from the East coast to the West coast. But what is more striking is the common ground they share in their ability to promote spiritual growth – all of them follow the same five principles.



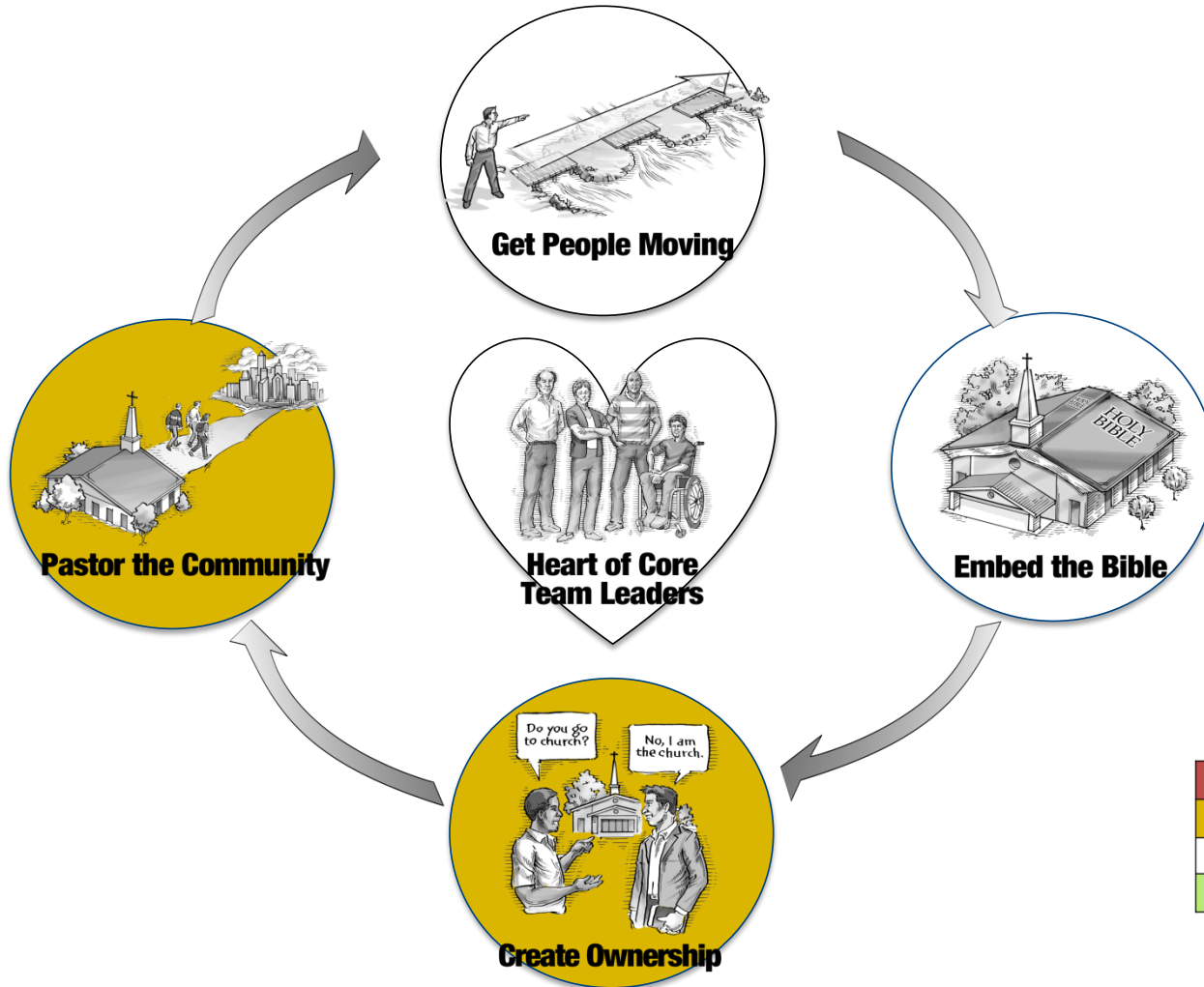
# Characteristics of Best Practice Principles

Based on a thorough review of the top churches, there are three key characteristics that drive each of the “Best Practice” principles.



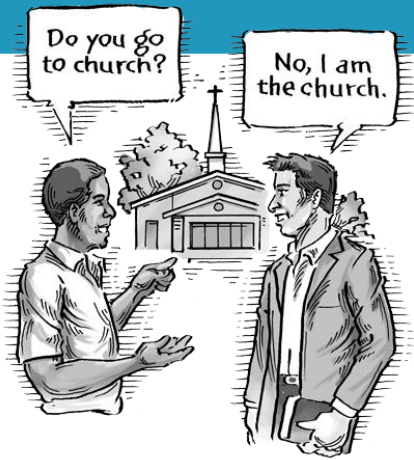
# Best Practice Profile

## Eastbrook Church



r	Great Urgency
y	Concern but Not Great Urgency
	Not Much of a Concern
g	Not a Concern At All

# Eastbrook Church



## Create Ownership

### Three Characteristics:

1. Empower People to Be the Church
2. Equip Them for Significant Roles
3. Hold Them Accountable

r	Great Urgency
y	Concern but Not Great Urgency
	Not Much of a Concern
g	Not a Concern At All

D1: Helps me in my time of emotional need	4.3
D2: Helps me develop relationships that encourage accountability	5.0 r
D3: Helps me feel like I belong	4.3
D4: Provides opportunities to grow spiritually through relationships with others	4.4 y
D5: Sets clear expectations about what it means to be part of the church	3.1
D6: Inspires such a sense of ownership that the church becomes an important part of who I am	3.3 y



# Eastbrook Church



## Pastor the Community

### Three Characteristics:

1. Set High Expectations
2. Build a Bridge to the Community
3. Make Serving a Launchpad for the Gospel

r	Great Urgency
y	Concern but Not Great Urgency
	Not Much of a Concern
g	Not a Concern At All

E1: Provides opportunities for me to serve those in need	1.7
E2: Promotes a strong serving culture that is widely recognized by the local community	2.8
E3: Empowers me to go out "on my own" to make a significant impact in the lives of others	3.1
E4: Allows me to use and develop my spiritual gifts	4.4 r
E5: Provides training in how to share the gospel while serving those in need	6.0 r
E6: Church leaders are a recognized voice on important local community issues	1.9 y





# Eastbrook Church

## Top Five Priorities for the Dissatisfied

Priority Ranking	Top Five Priorities for the Dissatisfied (Based on level of importance and satisfaction)	Priority Score *	
1	Helps me feel like I belong	10.4	Highest Priority
2	Helps me develop relationships that encourage accountability	10.0	
3	Helps me in my time of emotional need	9.3	
4	Provides opportunities to grow spiritually through relationships with others	9.1	
5	Allows me to use and develop my spiritual gifts	8.9	

Based on your church sample size of 122

Note: (\*) No database comparison.



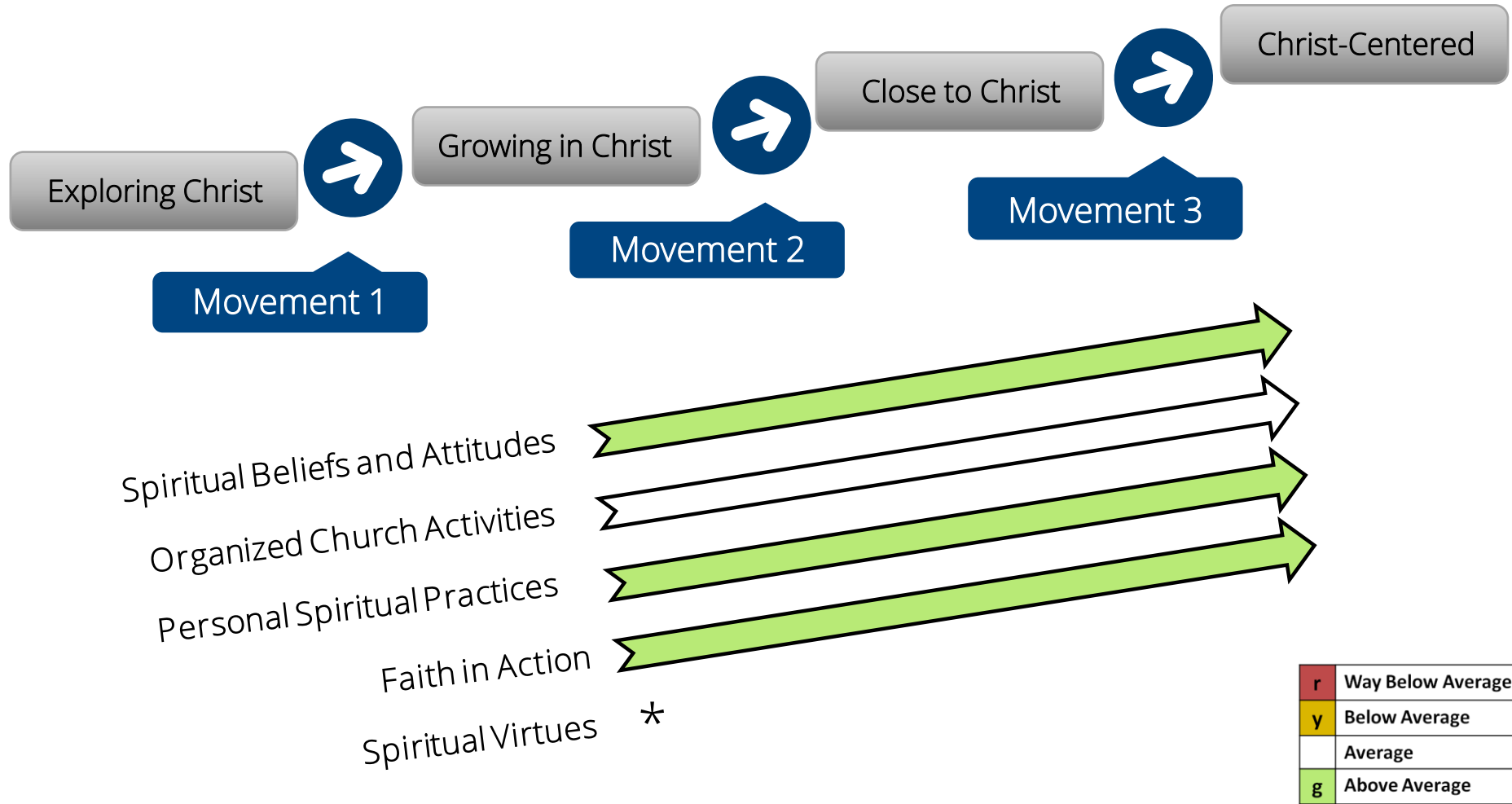


## Epilogue: Overall Summary

Goal: For you to get a ONE number snapshot of the overall spiritual vitality of your church and to present your church archetype

# Spiritual Catalyst Profile

## Eastbrook Church



Note: (\*) No database comparison available at this time.

# Eastbrook Church

The **Spiritual Vitality Index (SVI)** was developed to reflect the spiritual health of a church congregation. It is based on the factors that are most highly correlated with spiritual growth, which are compared against the total Spiritual Life Inventory database. These catalysts fall into three categories: the Church's Role, Personal Spiritual Practices and Faith in Action.

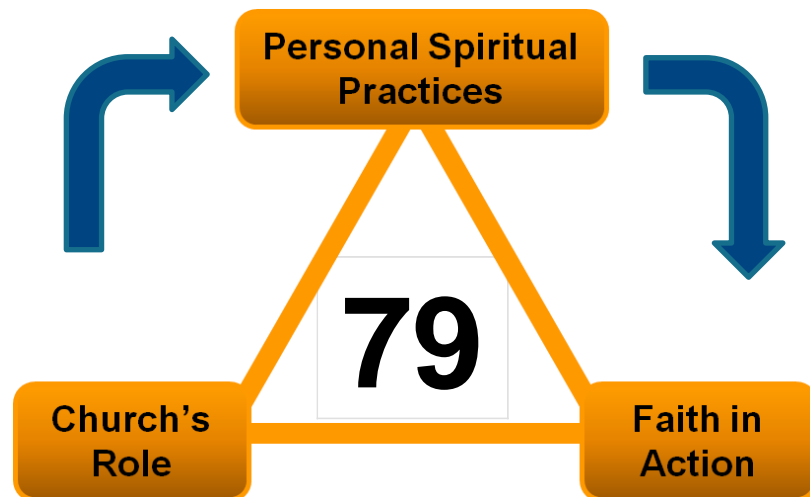
In essence, the cycle illustrated by the SVI begins with the church helping people understand who Jesus is and what he taught. Then people adopt spiritual behaviors that they self manage, which lead to outward expressions of love and support for God and others. This cycle can repeat and deepen. Key questions:

**First is the Church's Role.** Does it set clear and high expectations for becoming a disciple of God? Does it encourage developing a direct and personal relationship with God? Does it introduce its people to the power of Scripture?

**Next are Personal Spiritual Practices.** Are people encouraged to read the Bible, reflect on the meaning of God's Word in their lives, and to pray—not only in church, but during the normal course of their daily lives? Do they understand and practice tithing?

**Third is Faith in Action.** Does the church provide ample opportunity to serve those in need? Are people making the effort outside the church to serve those in need on their own? Are they having meaningful spiritual conversations with others, especially those far from God?

## Spiritual Vitality Index



### What Your Score Means:

This one number index score shows well your church is doing at helping people grow spiritually, compared with all other churches in the Spiritual Life Inventory database:

Score	Percentile Rank
86+	Top 5%
83-85	Top 10%
76-82	Top 25%
70-75	Upper 50%
<70	Lower 50%