



Recommended Resources

For Parents:

5 Love Languages of Children by Gary Chapman and Ross Campbell (Northfield Publishing, 2016).

Are My Kids on Track? The 12 Emotional, Social and Spiritual Milestones Your Child Needs to Reach by Sissy Goff, David Thomas, and Melissa Trevathan (Bethany House Publishers, 2017).

First Ask Why: Raising Kids to Love God Through Intentional Discipleship by Shelly Wildman (Kregel Publications, 2018).

The *Good Dirt* series – a set of three books to guide families in setting the rhythm of their devotional lives through the seasons of the liturgical calendar -- by Lacy Finn Borgo and Ben Barczi (2013).

Growing With Every Parent's Guide to Helping Teenagers and Young Adults Thrive in Their Faith, Family, and Future by Kara Powell and Steven Argue (Baker Books, 2019).

Habits of a Child's Heart: Raising Your Kids with the Spiritual Disciplines (Experiencing God) by Valerie Hess and Marti Watson Garlett (NavPress, 2004).

Raising Worry-Free Girls: Helping Your Daughter Feel Braver, Stronger and Smarter in an Anxious World by Sissy Goff (Bethany House Publishers, 2019).

Parenting the Hurt Child: Helping Adoptive Families Heal and Grow by Gregory Keck and Regina Kupecky (NavPress, 2009)

Spiritual Parenting by Michelle Anthony (David C Cook, 2010).

Taming the Technology Monster: 8 Guiding Principles for Raising Digital Natives by Sissy Goff (CreateSpace Independent Publishing, 2017).

Teach Your Children Well: A Step-by-Step Guide for Family Discipleship by Sarah Cowen Johnson (IVP, 2022).

The Worry-Free Parent: Living in Confidence So Your Kids Can, Too by Sissy Goff (Bethany House, 2023).

Wild Things: The Art of Nurturing Boys by Stephen James and David Thomas (Bethany House Publishers, 2009).

For Kids:

The *Baby Believer* series (babybelievers.com) includes artistic board book primers that use Scripture, as well as quotations from hymns and creeds to reinforce content such as the Psalms, the Kingdom of Heaven, or creation. They are intended to “grow” with your child as they include both simple and more advanced concepts on the same topic.

The *Big Theology for Little Hearts* series (Crossway Publishers, 2022) includes board books on topics relating to the nature and character of God, the church, and creation.

God Made Me picture book series (New Growth Press) explores topics of human sexuality, racial and ethnic diversity and disability awareness. The picture books use simple language and beautiful illustrations, and are best suited for ages 3-8.

I'm a Christian Now: Growing in My Faith (LifeWay Publishers, 2019). This is a colorful devotional journal for kids, guiding them through basic spiritual disciplines. Parent section with family devotional included. Versions available for younger and older children.

The Jesus Storybook Bible by Sally Lloyd-Jones (Zondervan, 2007).

Thoughts to Make Your Heart Sing by Sally Lloyd-Jones (Zondervan, 2012).

The Ology: Ancient Truths Ever New by Marty Machowski (New Growth Press, 2015)

Tinytheologians.shop – devotional materials, flashcards, conversation cards

Shopshereadstruth.com/collections/kids-read-truth – Devotional materials, conversation cards

Tales That Tell the Truth series from The Good Book Company Publishers, especially:

- *The Biggest Story: How the Snake Crusher Brings Us Back to the Garden*
- *The Garden, the Curtain and the Cross*
- *God's Very Good Idea*
- *The Christmas Promise*

If you are interested in any of these titles, our Children's Ministry department owns most of them and is happy to loan them to Eastbrook families. Please contact Laure at lherlinger@eastbrook.org to learn more.

Podcasts and Apps:

Raising Boys and Girls, hosted by Sissy Goff and David Thomas of Daystar Counseling Ministries. Practical and encouraging help for families on a variety of issues.

The Child in Our Midst, hosted by the Center for Faith and Children (TEDS). Conversations about children and their faith journey.

The Bible App for Kids by You Version. Follow a “trail” of Old and New Testament stories with colorful illustrations and read-aloud options. Follow-up activities are included after each story.